

CHILDPOWER SAFETY TIPS

PROTECTING YOURSELF FROM SEXUAL ASSAULT

- Here are some tips for protecting yourself from an unsafe situation and prevent sexual violence from strangers/attackers. ●



Safe touch & Unsafe touch

- **Safe touches** are touches that keep children safe and are good for them and make them feel cared for. Safe touches include hugging, pats on the head. Safe touches can also include touches that might hurt, such as examination by a doctor when you're sick.
 - **Unsafe touches** are touches that intend to hurt children's bodies or feelings or touches that might be safe but a child doesn't want it from that person. For example, a touch of private body parts, hips, genital part, chest, lips, face.
- Some of the body parts are private – it's not ok for someone to touch your private body parts. It doesn't matter if you know that person.
 - You don't have to keep it a secret when someone gives you an unsafe touch. Tell your parents or someone you trust immediately.



Strangers are not your friends

- Do not talk to strangers when your parents are not around.
- Do not take gifts from unknown people.
- Do not go or accept an invitation from a stranger.
- Do not accept request from a stranger.



3 keys to combating

child abuse are to be able to access risk when approached by a stranger through the following assessment

1. Do I feel comfortable?
2. If you accept a stranger's request, do your parent know where you are ?
3. If there is danger, Will anyone help you immediately?

If there is **"No"** in one of the above questions, leave immediately and reach out to your parents.



Scream / Run / Tell

Scream :

when someone gives you an unsafe touch or make you feel uncomfortable or unsafe. Call for help. You can scream.

Run :

after you call for help or scream. Run immediately.

Tell :

your parents or someone you trust about the incident.



Talking about the incident

Whenever you feel violated or been unsafe touched. You need to tell your parents or someone you trust immediately. Tell them about what happened in detail, who did what to you. When did it happen? How did you feel about it? Most importantly, if you feel like someone that you think you trust don't believe in your story, reach out for social assistance center hotline Tel: 1300.



Infographic by the center for the protection of children's rights foundation.
TEL.0-2412-0738
www.thaichildrights.org

